



Led walk around Westfield Park

Every Monday 2.00pm - 3.00pm

The walk will begin at the entrance to the park on Littlemoor Lane, DN4 0LN.

The route is **0.5 miles but can be extended to 0.65 miles** and takes approx. **30 minutes**.



A gentle walk following the pathways around the tennis court and bowling greens of Westfield Park. The walk starts with a slight incline with the remainder of the walk taking place on flat, well maintained footpaths within the park, which are suitable for wheelchairs and mobility aids. There is the option to extend the walk by walking up to the play area and exiting the park on Balby Road.

All abilities and fitness levels are welcome.



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us!

www.yourlifedoncaster.co.uk/ride-stride-and-thrive

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